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Informed consent/contract for narcotic pain medication use

I acknowledge that I am currently on a narcotic pain medication. I realized that there are alternative treatments available, but at this time, I feel that this pain medication is my only option in controlling my symptoms. The goal of my therapy is to reduce my pain to a level that is tolerable and will allow me to improve my day-to-day functioning.

I understand that daily use of a narcotic increases certain risks, which include but are not limited to: Addiction, nausea, vomiting, constipation, impaired judgment, sleepiness and confusion, allergic reactions, overdose and fatal complications, breathing problems, dizziness, impairment in operating machines or driving motor vehicles, and development of tolerance.

I agree to the following guidelines:

- 1. I will take this medication as prescribed by my provider. I will not vary the dosage or interval without authorization from my provider.
- 2. I will submit a random urine or blood test if requested to assess my compliance.
- 3. I will obtain all my prescriptions through my provider and will not seek narcotic pain medication from any other provider. In an acute emergency, another provider may prescribe medications for me, but if this occurs, I will notify my primary provider as soon as possible.
- 4. I will use the same pharmacy for filling my prescriptions.
- 5. Due to potential misuse, I know I will not be able to obtain early refills or replacements of lost or stolen medications. Refills will usually be made during regular office hours and scheduled appointments.
- 6. I will bring my pills with me to each doctor's visit.
- 7. I agree to store drugs safely at home.
- 8. I agree to see my provider for ongoing case management and will schedule regular appointments as long as I am taking this narcotic medication.
- 9. If I do not follow these guidelines, I understand my treatment may be terminated.
- 10. I have informed my physician of any past drug use, including narcotics, alcohol or illicit drugs.
- 11. I understand that I should take precautions not to get pregnant, as narcotics may be harmful to the pregnancy.

I have discussed the risks, benefits, and alternatives of the narcotic treatment with my provider. I had an opportunity to ask questions and I received answers to those questions to my satisfaction.

Patient's Signature & Date

Provider's signature & Date
Soheil Hanjani MD