Obstetrics & Gynecology



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Pain questionnaire

Pain questionnaire							
Please describe your pain	problem:						
What do you think is caus	sing your pain?						
What does your family th	ink is causing y	our pair	n?				
Do you think anyone is to	blame for you	r pain?	0 Yes) No	If so, w	rho?	
Is there an event that you	associate with	the onse	et of pain?	0 Yes	0 No	If so, wha	t?
How long have you had to	his pain? 0 Les 0 1 –	ss than 6 2 years	months	0 6 mor 0 More	oths - 1 yo than 2 yo	ear ears	
What helps your pain?	0 Meditation 0 Relaxation 0 Lying down 0 Model of Massage 0 Ice 0 Heating pad 0 Heating pad 0 Heating pad 0 Heating pad 0 To Bowel movement. 0 Emptying bladder 0 Nothing 0 Other						
What makes your pain wo	rse?0 Intercour 0 Bowel mo 0 Walking 0 Contact w 0 Not relate	vement with cloth	0 Full bla 0 Exercis ning 0	adder se Coughing	0 Time	ation 0 St e of day0 W	all meal anding eather
Of all of the problems or s 0 The most	tresses in your important prol	life, hov	w does you 0 Just on	ar pain con e of sever	mpare in al/many	importance problems	?
Do you think surgery will						•	
What type of treatments h 0 Acupuncture 0 Antidepressants 0 Birth control 0 Depo-Provera 0 Herbal medicatio 0 Lupron/Zoladex/ 0 Massage 0 Narcotics 0 Nerve blocks	on	0 No 0 No 0 Ps 0 Su 0 TF	on-prescriputrition/diesychotheraurgery ENS unit	otion med et py			

Hanjani 8/2009

For each of the symptoms listed below, please indicate your level of pain over the last month using: 0 - no pain 10 - the worst pain imaginable

Level of Pain:	0	1	2	3	4	5	6	7	8	9	10
How would you rate your present pain? Pain at ovulation (mid-cycle) Pain level just before period Pain (not cramps) with period Deep pain with intercourse Pain in groin when lifting Pelvic pain lasting after intercourse Pain when bladder is full Muscle/joint pain Level of cramps with period Pain after period is over Burning vaginal pain with sex Pain with urination Backache What would be an acceptable level of pain?	000000000000000000000000000000000000000	0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

Would you say that at least one-fourth of the time in the last 3 months you have had any of the following:

- (Check all that apply)
 0 Fewer than three bowel movements a *week*, (0-2 bowel movements)
- 0 More than three bowel movements a day (4 or more bowel movements) 0 Hard or lumpy stools
- 0 Loose or watery stools
- 0 Straining during a bowel movement
- 0 Urgency having to rush to the bathroom for a bowel movement 0 Feeling of incomplete emptying after a bowel movement 0 Passing mucus (white material) during a bowel movement 0 Abdominal fullness, bloating, or swelling

What would you like to tell us about your pain that we have not asked?						